

Reflective Journal



Ask for feedback

4

Adapt your strategy with

those new changes

5

5 tips to start self-reflecting



1

Set your short and long term goals



2

Plan your self-reflection in advance



3

Ask the right questions while you are reflecting:

What went well?

What can be improved on the next lesson? What where the students reactions on each situation?

W

T

M



Was the lesson too easy or too difficult for the students? What problems did I have?

What went well in today’s lesson?

What went well in today’s lesson? What needs to be improved?

WEEKLY GOALS

To review at least four lessons and reflect on them…

TO DO LIST

T

F

Were students on task? Which part of the lesson did the students seem more/less engaged

Did the tasks keep the students engaged in the lesson? What material did we use to work the lesson, were there any resources missing?

WEEKLY REFLECTION:

After reviewing four lessons on the platform I have realized that the Y7 students sitting on the back of the classroom were more distracted than usual, therefore, I think I should create more interactive lessons to make everyone feel part of the classroom…

Notes